

Obesity In The World

A reason we need to exercise is because of obesity rates . In the USA we rank #18 and #1 with the most obese population in a developed country and with about **500 Million obese** worldwide. A good reason to fix this is exercise or nutrition, theres much desertification in the US, or a ton of fast food chains and fatty food restaurants and just about no nutritional Stores. Many places don't have a choice and can only eat out of fast food places like in South Los Angeles. Where there are many obese people there but no agriculture and nobody around to sell vegetables or crops or any type of nutritional value foods. A solution can be if more people went around where there is available soil to plant food/crops for people to sell or give out just to reduce obesity rates in the US. The government today is concerned in this problem and has put a tax raise on all fatty and sugary foods so people would be force to buy nutritious foods by wasting less money.

